

2011 Howard County Adult Health Summary of Results



Survey Sample sizes

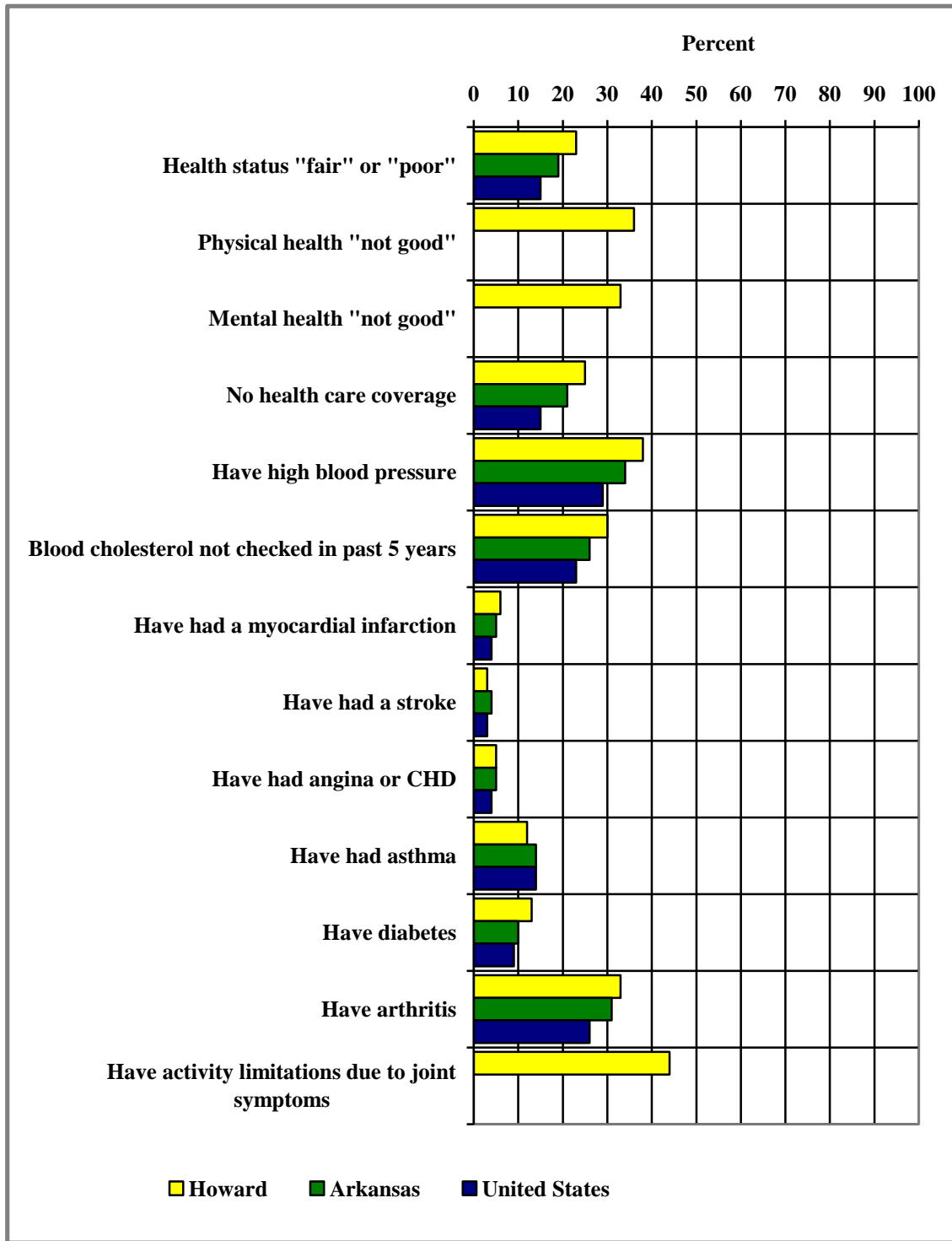
Interviews	Sample size
County Adult Health Survey: April, May, June 2011	885

Survey Demographics

Variables	Categories	CAHS 2011	
		Raw (%)	Weighted (%)
Gender	Female	64	52
	Male	36	48
Income	Under \$20,000	28	23
	\$20,000-\$50,000	45	44
	Over \$50,000	27	34
Education	<HS Education	16	16
	HS Grad	64	62
	College Grad	20	22
Age	18-39 years	10	36
	40-64 years	47	44
	65+ years	43	20

Howard County CAHS 2011

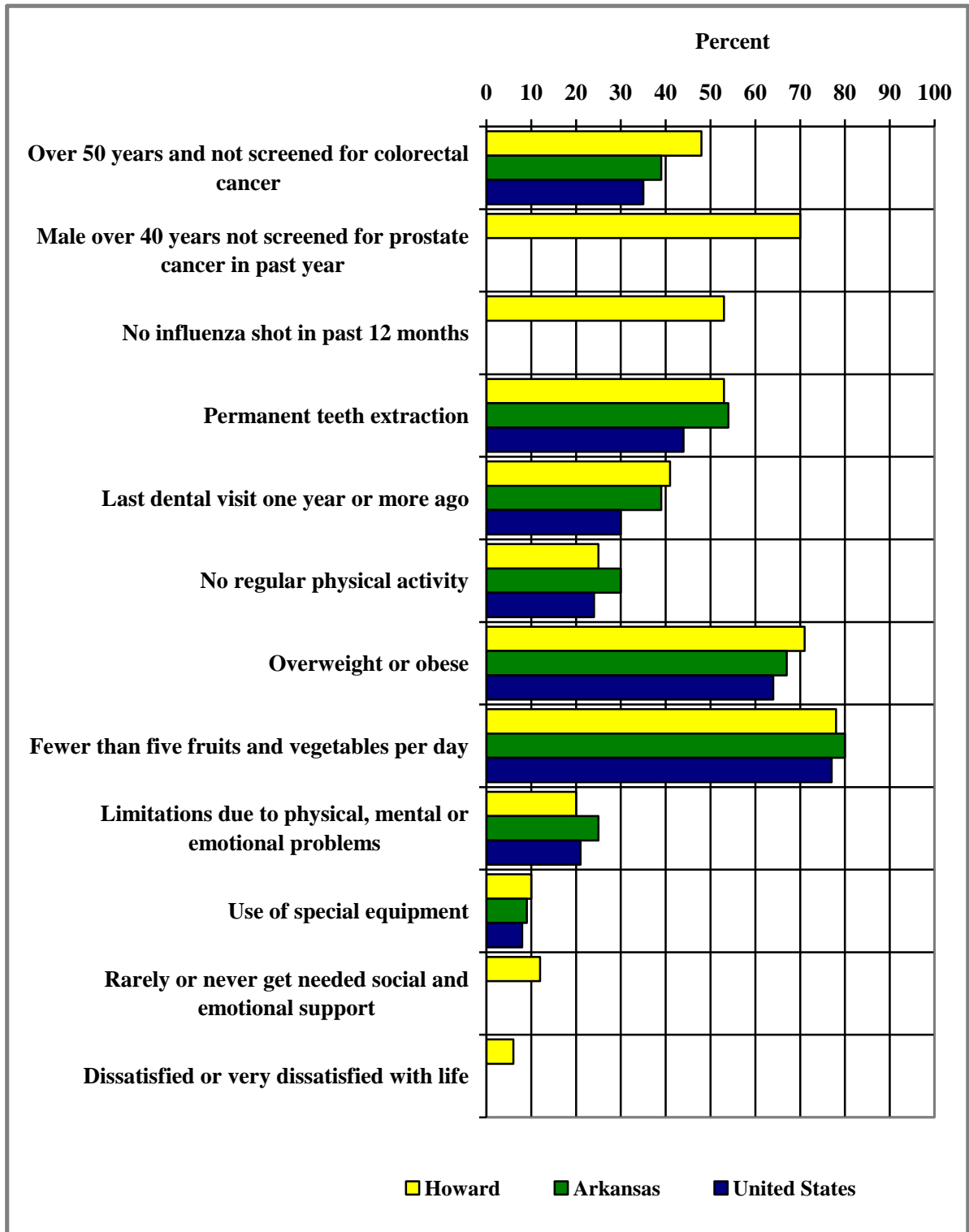
Risk Profile



Sources: Howard County data collected from the County Adult Health Survey conducted in 2011. Arkansas and U.S. data obtained from most recent BRFSS data (2009 & 2010).
 *Note: Missing data for State BRFSS is due to differences in questions from 2011 Howard County Adult Health Survey.

Howard County CAHS 2011

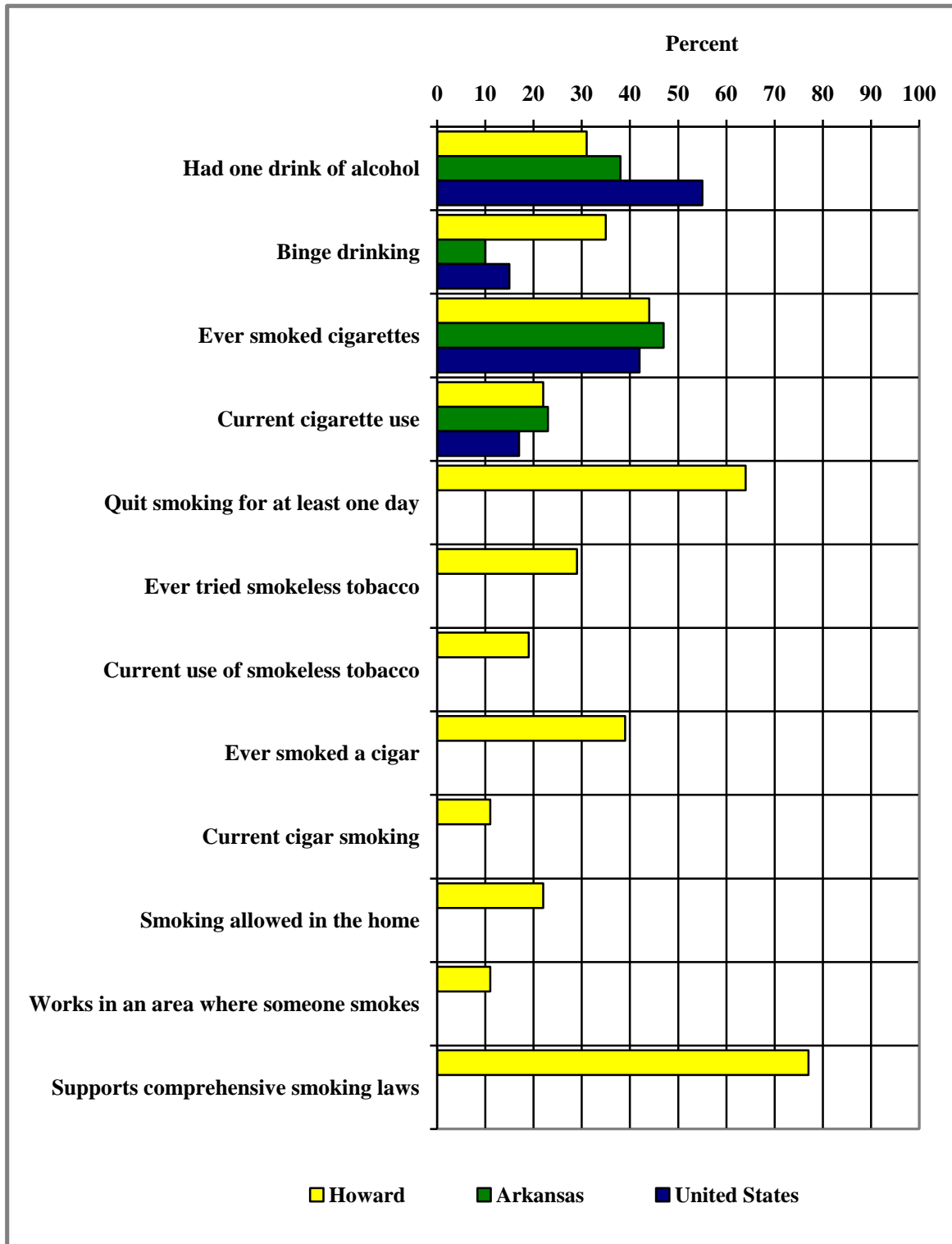
Risk Profile



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Howard County CAHS 2011

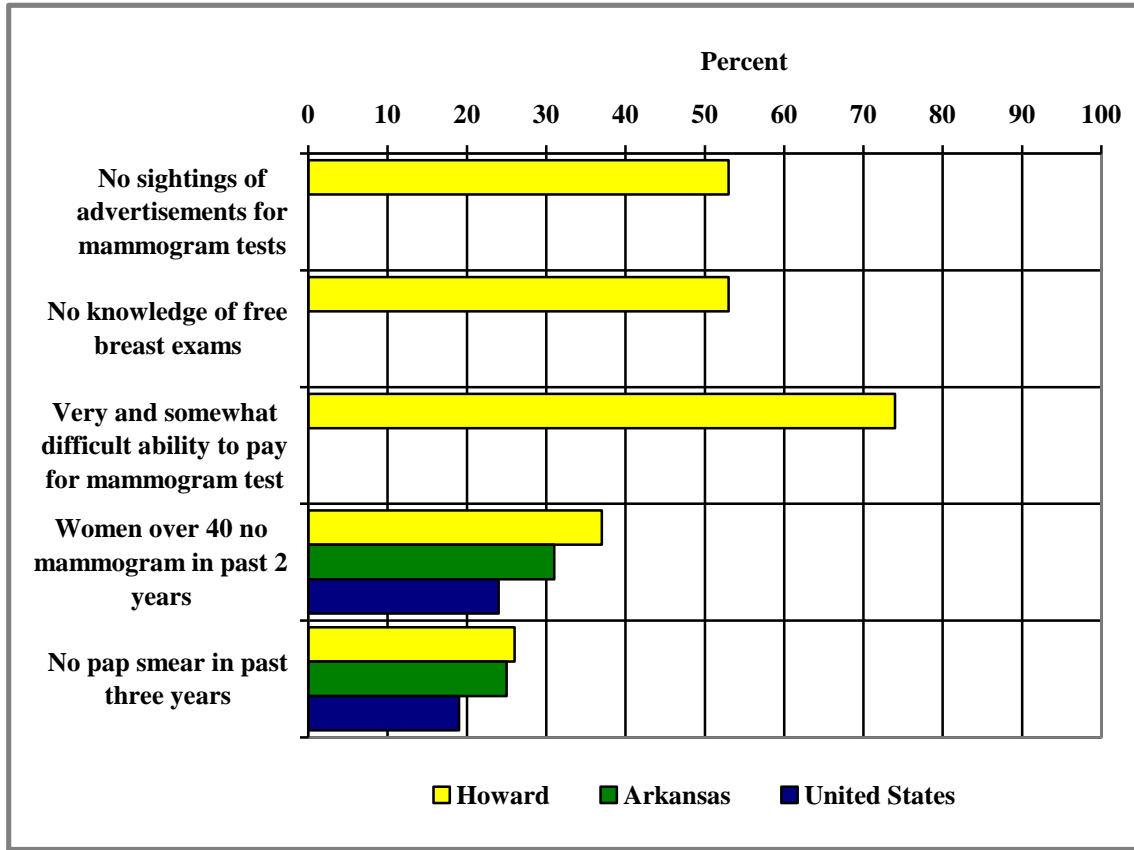
Risk Profile



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Howard County CAHS 2011

Risk Profile



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HOWARD COUNTY CAHS 2011

Risk Profile (Table)

Risk Factor			
	Howard	Arkansas	United States
Health status “fair” or “poor”	23	19	15
Physical health “not good”	36	*	*
Mental health “not good”	33	*	*
No health care coverage	25	21	15
Have high blood pressure	38	34	29
Blood cholesterol not checked in past 5 years	30	26	23
Have had a myocardial infarction	6	5	4
Have had a stroke	3	4	3
Have had angina or CHD	5	5	4
Have had asthma	12	14	14
Have diabetes	13	10	9
Have arthritis	33	31	26
Have activity limitations due to joint symptoms	44	*	*

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HOWARD COUNTY CAHS 2011

Risk Profile (Table)

Risk Factor			
	Howard	Arkansas	United States
Over 50 years and not screened for colorectal cancer	48	39	35
Male over 40 years not screened for prostate cancer	70	*	*
No influenza shot in past 12 months	53	*	*
Permanent teeth extraction	53	54	44
Last dental visit one year or more ago	41	39	30
No regular physical activity	25	30	24
Overweight or obese	71	67	64
Fewer than five fruits and vegetables per day	78	80	77
Limitations due to physical, mental or emotional problems	20	25	21
Use of special equipment	10	9	8
Rarely or never get needed social and emotional support	12	*	*
Dissatisfied or very dissatisfied with life	6	*	*

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HOWARD COUNTY CAHS 2011

Risk Profile (Table)

Risk Factor			
	Howard	Arkansas	United States
Had one drink of alcohol	31	38	55
Binge drinking	35	10	15
Ever smoked cigarettes	44	47	42
Current cigarette use	22	23	17
Quit smoking for at least one day	64	*	*
Ever used smokeless tobacco	29	*	*
Current use of smokeless tobacco	19	*	*
Ever smoked a cigar	39	*	*
Current cigar smoking	11	*	*
Smoking allowed in the home	22	*	*
Works in an area where someone smokes	11	*	*
Supports comprehensive smoking laws	77	*	*

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HOWARD COUNTY CAHS 2011

Risk Profile (Table)

Risk Factor			
	Howard	Arkansas	United States
No sightings of advertisements for mammogram tests	53	*	*
No knowledge of free breast exams	53	*	*
Very and somewhat difficult ability to pay for mammogram test	74	*	*
Women over 40 no mammogram in past 2 years	37	31	24
No pap smear in past three years	26	25	19

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